Chat—Course Conversations 8.29.24

00:08:41	Lucy Brand: I have	COVID
00:08:55	Melissa's iPhone:	Driving to the office, I'll join in there!
00:09:01	Carolina Perez Sanz:	Replying to "I have COVID"

Oh, no, I'm sorry!

00:09:04	Lynda: Oh no, Lucy. So sorry!		
00:09:13	Kathy: I have not		
00:09:46	Lora Cheadle, Esq, Cht: WOW! Look at all these amazing souls!!!!!		
00:12:22 the" with ♥	Janet Redford, Speaker, Coach, What If Upper: Reacted to "WOW! Look at all		
00:14:55	Ines Meneses: Cool! A book club on A Course in Miracles!!!		
00:17:47	Ines Meneses: I was recovering from an experience of mania in bipolar disorder		
00:17:54	Ines Meneses: and the therapist recommended it		
00:18:18	Dr. Audrey Schnell: What book do you recommend getting		
00:19:31	Ines Meneses: Replying to "What book do you rec"		

Barb recommended the 2018 version of The Course in Miracles because it is more complete.

00:21:00 Maryanne Roujie Co: I was listening to The Course while getting a 4 hour dental procedure and found it very soothing 3

00:21:00 Katie Adler: https://acim.org/acim/en

00:22:44 Maryanne Roujie Co: I worked with a coach who was all about the course in miracles and I got very turned off by the old world perspective of spirituality. Yes, felt very human masculine to me. However I feel the core messages are excellent and super interested in how you will teach it Barbara 💖

00:22:48 Allison Duck: Replying to "What book do you rec..."

I found one from 2007 but not 2018 https://search.worldcat.org/title/190860865

00:23:09 Patricia Sciarrino: There is a great app too: acimce.app

00:23:20 Janet Redford, Speaker, Coach, What If Upper: Reacted to "There is a great app..." with 🤚

00:23:28 Julie Bruns: All this time I thought Marianne Williamson wrote the course in miracles, so I must have read her book about it.

00:24:10 Lynda: Replying to "All this time I thou..."

Lots of people think that, Julie.

00:25:34 Kathy: Interesting points Janet.

00:25:46 Dr. Audrey Schnell: Reacted to "Lots of people think..." with 🡍

00:26:41 Tran Nguyen: I have never heard or read of the book but the title of the book drew me into today discussion and so far it is very interesting to hear. I am Buddish and is a bit hard for me to follow

00:26:55 Carolina Perez Sanz: Reacted to "I have never heard o..." with 🤎

00:27:21 Lynda: I don't know what anything is for.

00:27:57 Allison Duck: I need to jump for work but will aim to watch later. Thanks for putting this on!

00:28:02 Janet Redford, Speaker, Coach, What If Upper: Good way to put it @Erica Ballard. Your brain has to break to actually get to the truth.

00:30:25 Lynda: Good analogy @Lisa

00:32:32 Janet Redford, Speaker, Coach, What If Upper: Channeling Jesus - Tina Spalding on YouTube

00:33:38 Janet Redford, Speaker, Coach, What If Upper: https://www.youtube.com/@ChannelingJesusAnanda

00:36:54 Maryanne Roujie Co: Reacted to "Good way to put it @..." with 💔

00:37:30 Kathy: I have to drop. Thanks for sharing everyone!

00:40:10 Clésia Mendes | U.K: Truth Is Truth.

00:40:17 Lynda: Yes, @Victoria/Tori, it's such a perennial philosophy. Great point to bring out.

00:41:04 Tran Nguyen: True: Buddism and Dr Joe Dispenza also talks about what we think,

- we are
- 00:42:24 Victoria/Tori: Reacted to "True: Buddism and Dr..." with 🙌
- 00:42:29 Victoria/Tori: Reacted to "Yes, @Victoria/Tori,..." with 🙌

00:43:30 Janet Hayward: Replying to "What book do you rec..."

@Allison Duck try searching for the "annotated Version of A Course In Miracles".

00:45:45 Janet Hayward: Reacted to "Interesting points J..." with 👍

00:46:28 Lynda: You can find the Complete and Annotated edition here: https://circleofa.org/. There's also an app that is free from the Circle. It's great because it's searchable and the footnotes are so helpful. https://acimce.app/

00:47:13	Lora Cheadle,	Esq, Cht: Fear can be our friend. It just can't drive our life.
00:48:38	Julie Bruns:	When ever you're in fear, you're THINKING WRONG!
00:51:17	Erica Ballard:	That was me for yearssssss
00:51:29	Erica Ballard:	SAME
00:51:33	Cynthia:	Yes, I feel resistance!
00:51:37	Victoria/Tori:	Reacted to "Fear can be our frie" with 🤴
00:51:43	Erica Ballard:	Exactly
00:51:49	Erica Ballard:	I wasn't ready until I was ready
00:52:22 purchase the b	Stephanie: book, workbook	I have super spotty internet right now, so before I leave, do I need to and teacher manuel?
00.52.26	lynda: @Chry	santhi I recommand Pam Grout's book & Course in Miracles

00:52:26 Lynda: @Chrysanthi, I recommend Pam Grout's book A Course in Miracles Experiment. It's a commentary on each lesson that you might find easier to read.

00:53:53 Erica Ballard: It's okay not to chose the course right now

00:56:13 Chrysanthi: That's a great point, thank you

00:56:46 Julie Bruns: @Chrysanthi, you know it's your ego, because you fear it. And your ego wants to keep you safe and stay right where you are - like Lora said

00:57:04	Chrysanthi: React	ed to "@Chrysanthi, I recom" with 💙
00:57:16	Jennifer Rotermund:	Ego: known suffering is preferable to unknown joy
00:57:20	Chrysanthi: React	ed to "@Chrysanthi, you kno" with 🤎
00:57:40	Janet Hayward:	Replying to "I have super spotty"

They are all in one book

00:57:43 Carolina Perez Sanz: The illusion of separation is also a buddhist concept

00:58:02 Janet Redford, Speaker, Coach, What If Upper: Reacted to "Ego: known suffering..." with ♥

00:58:13 Tran Nguyen: Reacted to "The illusion of sepa..." with 👍

00:58:15 Julie Bruns: Reacted to "Ego: known suffering..." with 👋

00:58:17 Janet Redford, Speaker, Coach, What If Upper: Reacted to "The illusion of sepa..." with 👍

01:00:27 Julie Bruns: Sharon, your comments made me think:

A person's reaction to you is ALWAYS about them.

Your reaction to them is ALWAYS about you!

01:00:48 Carolina Perez Sanz: Reacted to "Sharon, your comment..." with 🤎

01:01:03 Janet Redford, Speaker, Coach, What If Upper: Reacted to "Sharon, your comment..." with 🎔

01:01:06 Sharon Bumgarner: Replying to "Sharon, your comment..."

so true. Have you read the Four Agreements?

01:02:02 Julie Bruns: Replying to "Sharon, your comment..."

Yes, one of my favorites and life changing

01:02:11 Victoria/Tori: Replying to "Sharon, your comment..."

One of my favorites too!

01:03:25 Lynda: Anyone who is interested in getting a better idea of who Jesus is in the Course, Marianne Williamson has a new book out called The Mystic Jesus.

01:03:35 Stephanie: Replying to "I have super spotty ..."

thank you.

01:03:47 Carolina Perez Sanz: Reacted to "Anyone who is intere..." with 🤞

01:04:28 Janet Hayward: Reacted to "thank you." with 👍

01:05:25 Sharon Bumgarner: At Unity of Phoenix we have several classes in ACIM. Some in person and some on zoom. If you want me to put you in contact with the ones on zoom. Let me know.

01:05:57 Janet Hayward: Replying to "At Unity of Phoenix ..."

Me please

01:06:11 Janet Hayward: I need to leave because I have a 2:00 zoom Call

01:06:26 Ines Meneses: What triggers me is the fear to start and then I don't keep up with the "doing one lesson a day" guideline.

01:06:29 Carolina Perez Sanz: For me: I was born during a Catholic Church-supported dictatorship. For me, being "fair" is contrary to being religious, because the Catholic Church supported injustice so much!

01:06:55 Carolina Perez Sanz: So anything that sounds religious is "evil"

01:07:24 Carolina Perez Sanz: I feel "ashamed" to be interested in "miracles" (I wouldn't tell it to my family and closest friends)

01:08:14 Lynda: Replying to "What triggers me is ..."

Just start again. Don't beat yourself up. I've been through the workbook 3 times and I'm on my 4th. The first times were hit or miss but it grows.

01:08:40 miracles	Julie Bruns: @Est	her Pressler, your realization is t	the first step to integrating more	
01:08:53	Lynda: Reacted to "@Esther Pressler, yo" with 💜			
01:09:14	Carolina Perez Sanz:	Reacted to "Just start again. I	Do" with 🡍	
01:09:28	taradusenberry:	This has been amazing! I need to go. Thank you.		
01:09:40 yo" with 💜	Janet Redford, Speal	ker, Coach, What If Upper:	Reacted to "@Esther Pressler,	
01:09:41	Lynda: Reacted to "This has been amazin" with 💙			
01:11:49 Samia Kornweibel : I am so grateful for you Barbara. Grateful for this community and opportunity to continue my journey with The Course. Thank you all for sharing! What a gift each of you are v v v v v v v				
01:11:54	Samia Kornweibel :	Reacted to "This has been an	nazin" with 💜	
01:12:03	Lynda: Reacted to "I am so grateful for" with 💙			
01:12:09 for" with 💖	Janet Redford, Speal	ker, Coach, What If Upper:	Reacted to "I am so grateful	

01:13:31 Sharon Bumgarner: So glad to find out about channeling Jesus. I was looking for something new.

- 01:13:37 Katie Adler: Thank you!
- 01:13:38 Lora Cheadle, Esq, Cht: XXOO!
- 01:13:45 Chrysanthi: Thank you everyone this was very very helpful
- 01:13:45 Samia Kornweibel : Next call?
- 01:13:55 Sharon Bumgarner: It was great.

01:14:17 Janet Redford, Speaker, Coach, What If Upper: Thank you so much for the conversations Barbara! I love being able to connect with this community! **9**

- 01:14:26 Samia Kornweibel : Reacted to "Thank you so much fo..." with 💙
- 01:14:30 Tran Nguyen: thank you